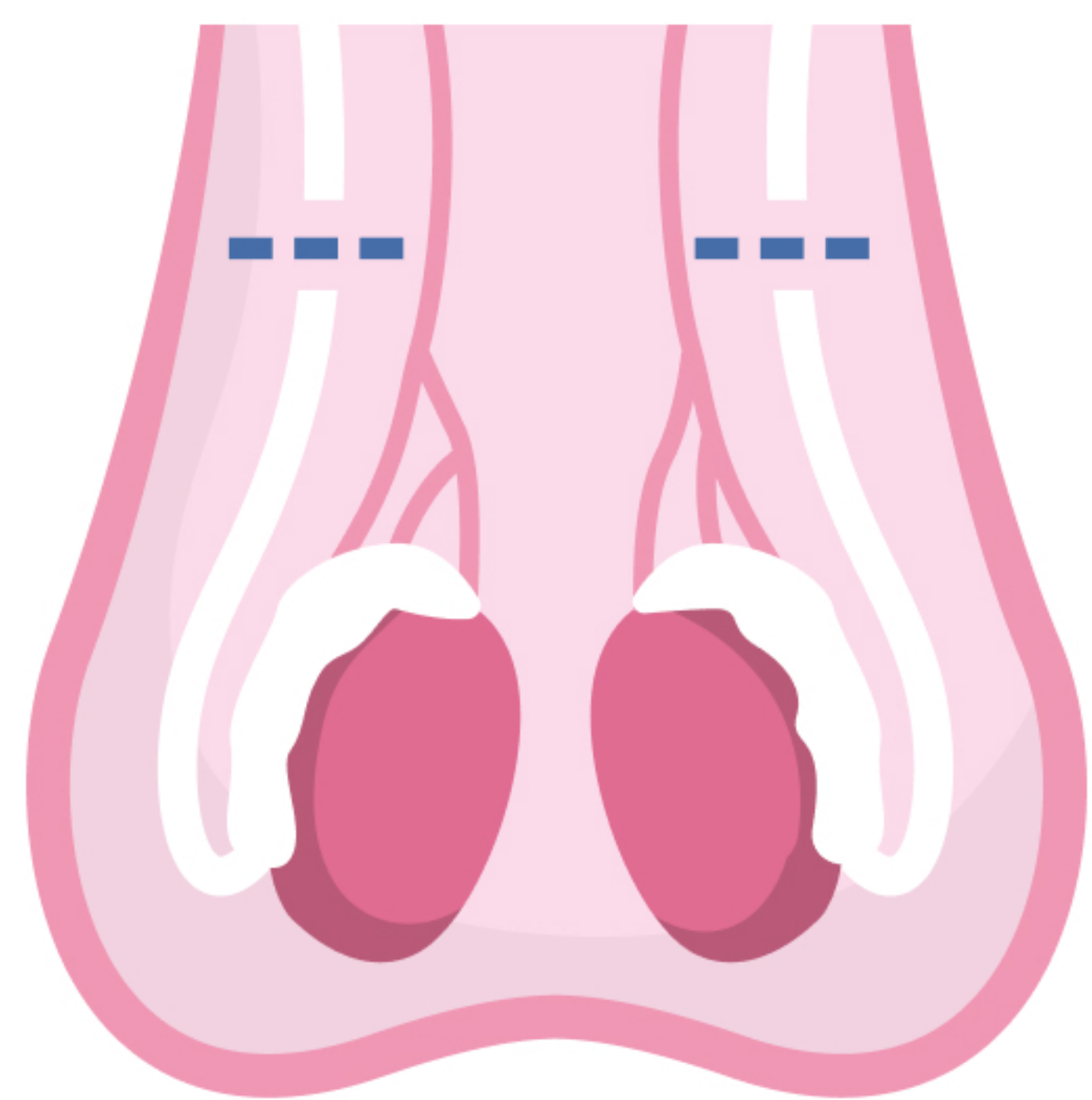


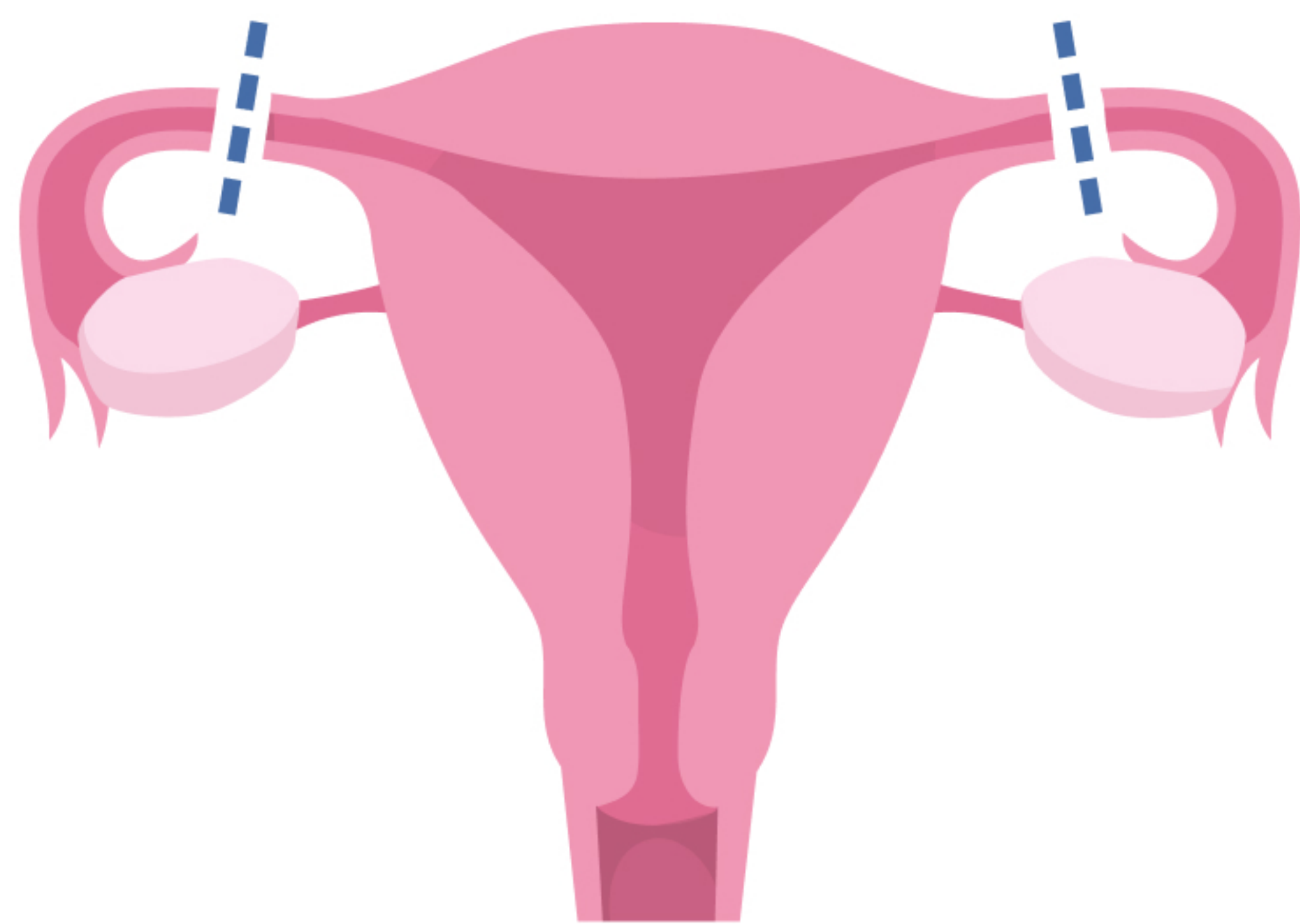
The difference between male and female sterilisation









Male sterilisation (Vasectomy)



-  **Procedure:** A vasectomy involves cutting, tying, or sealing the vas deferens, the tubes that carry sperm from the testicles to the urethra.
-  **Duration:** Typically takes about 15-30 minutes and is usually performed under local anesthesia.
-  **Invasiveness:** Less invasive, involving small incisions or punctures in the scrotum.
-  **Recovery Time:** Generally short, with most men returning to normal activities within a few days.
-  **Risks:** Minor risks include infection, bleeding, and temporary pain. Long-term complications are rare.
-  **Post-Procedure Care:** May include mild pain, swelling, and bruising, but complications are rare.
-  **Reversibility:** Vasectomy reversal is possible but not guaranteed. Success rates can vary, and it can be expensive.
-  **Cost:** This is not an expensive procedure to do. The cost is around \$700 to \$1 100 depending on the type of sedation chosen.

Female sterilisation (Tubal Ligation)



-  **Procedure:** Tubal ligation involves cutting, tying, or sealing the fallopian tubes, which carry eggs from the ovaries to the uterus.
-  **Duration:** Usually takes 30-60 minutes and can be performed under general, local or spinal anaesthesia.
-  **Invasiveness:** More invasive, often requiring abdominal surgery through laparoscopy or a mini-laparotomy.
-  **Recovery Time:** Longer, often taking a week or more to fully recover.
-  **Risks:** Higher risk of complications compared to vasectomy, including infection, damage to other organs, and complications from general anesthesia.
-  **Post-Procedure Care:** May include abdominal pain, fatigue, and longer-lasting discomfort due to the more invasive nature of the surgery.
-  **Reversibility:** Reversal is more complex, less likely to be successful, and also costly.
-  **Cost:** This is an expensive procedure that cost around 5 - 10 times what a Vasectomy cost.